

SONLIFE MINISTRIES PRESENTS

And he said to them, “Come  
away by yourselves to a  
desolate place and rest a  
while.” For many were coming  
and going, and they had no  
leisure even to eat.

/ Mark 6:31

# re fresh

A day retreat to get  
replenished and regain  
strength. Designed to help  
ministry leaders strike the  
balance between our  
sense of calling and the  
call to rest.

---

WWW.SONLIFE.COM/REFRESH

September 28

9 AM - 3 PM

Village Church

330 SW Murray Blvd,  
Beaverton, OR 97005

Cost \$60

Includes 2 books

Chick-fil-A Lunch

Snacks

Abundant dad jokes

# re treat

Register online

[www.sonlife.com/refresh](http://www.sonlife.com/refresh)

Space is limited!

“Are you tired? Worn out? Burned out on religion?  
Come to me. Get away with me and you’ll recover  
your life. I’ll show you how to take a real rest. Walk  
with me and work with me—watch how I do it.

Learn the unforced rhythms of grace

/ Matthew 11:28 MSG.